Leo has been with Apollo since 2007. He has a black belt in Karate. He was a member of the Colombia National Team from 1990-1992. His favorite events are rings and high bar. He attended Universidad Pedagogica Nacionel Bogota Colombia and received a Bachelors Degree in Physical Education. When he is not coaching in the gym, he is running his personal training business. He enjoys helping people get into shape and maintain a healthy life style through a healthy diet and exercise.