**2017 Apollo Xcel Invitational**

**April 22-23, 2017**

**\*\*\*Saturday April 22, 2017\*\*\***

**~Session 1: Xcel Gold~**

***(APEX, BEES, BRAG, CENTRAL VA, CHANTILLY, CLASSICS, EAST COAST, FAIRLAND,***

***N. MOUNTAIN, TIDEWATER, VIGS, YMCA)***

**7:40am Registration**

**8:00am Open Stretch**

**8:30am Competition Begins**

**11:15am Awards**

**\*Coaches needed: Chantilly-2, N. Mountain-2\***

**~Session 2: Xcel Gold~**

***(APOLLO, ASTRO, CAPITAL, DDC, DULLES, SPORTSPLEX, STAFFORD, TOP FLIGHT, WOODS)***

**10:45am Registration**

**11:15am Open Stretch**

**11:45am Competition Begins**

**2:45pm Awards**

**\*Coaches needed: Capital-2, Stafford-2, Dulles-2\***

**~Session 3: Xcel Platinum~**

***(ALL GYMS)***

**2:15pm Registration**

**2:45pm Open Stretch**

**3:15pm Competition Begins**

**6:15pm Awards**

**\*Coaches Needed: Apex-2\***

**~Session 4: Xcel Diamond & Level 3~**

***(ALL GYMS)***

**5:45pm Registration**

**6:15pm Open Stretch**

**6:45pm Competition Begins**

**9:30pm Awards**

**\*Coaches needed: Apollo-3, Aerial East 2\***

**\*\*\*Sunday April 23, 2017\*\*\***

**~Session 5: Xcel Silver~**

***(BEES, CHANTILLY, CLASSICS, COMPETITIVE EDGE, DULLES, EAST COAST, STAFFORD, TIDEWATER, VIGS, YMCA)***

**7:40am Registration**

**8:00am Open Stretch**

**8:30am Competition Begins**

**11:30am Awards**

**\*Coaches needed: Dulles-2, Chantilly-2\***

**~Session 6: Xcel Bronze & Xcel Silver~**

***(APEX XS, APOLLO XS, BRAG XS, CAPITAL XS, COMPETITIVE EDGE XB, DDC XS, DYNAMIC XB, FAIRLAND XS, N. MOUNTAIN XB/XS, SPORTSPLEX XS, WOODS XB/XS)***

**11:00am Registration**

**11:30am Open Stretch**

**12:00pm Competition Begins**

**3:00pm Awards**

**\*Coaches needed-Woods-2\***

**~Session 7: Xcel Bronze~**

***(APOLLO, APEX, ASTRO, BEES, BRAG, CHANTILLY, DULLES, EAST COAST, TIDEWATER)***

**2:30pm Registration**

**3:00pm Open Stretch**

**6:00pm Awards**

**\*Coaches Needed: Dulles-3\***